

colour me!



Re-measure every 2-3 months
as babies' feet grow in spurts.



Have your baby pick up
a pencil or blanket with
their toes to promote
healthy foot development.

record of growth

_____ My name is _____, I am _____ mos. / _____ yrs. old. My foot is _____ cm / in. long

DATE

_____ My name is _____, I am _____ mos. / _____ yrs. old. My foot is _____ cm / in. long

DATE